

Holding Minds, Holding Limits: Supporting Children and Caregivers in the Wake of Trauma

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PROGRAMME

Perjantai / Friday 02.10.2026

09:30-10:00 Ilmoittautuminen ja aamukahvit / Registration and Coffee

10:00 - 10:15 Tervetuloa / Welcome and Introduction

10:15-12:00 ***The Unbroken Circle: From Child Analysis to Mentalization-Based Treatment with Children and Families
Part 1: Historical and theoretical roots***

12:00-13:00 Lounas / Lunch

13:00- 14:30 ***The Unbroken Circle: From Child Analysis to Mentalization-Based Treatment with Children and Families
Part 2: Clinical technique and contemporary practice***

14:30- 15:00 Kahvitauko / Coffee break

15:00-16:30 ***No One's Home, No One's Allowed In!": Finding a Mind of One's Own in the Psychotherapy of a Late-Placed Adopted Child***

16:30- 17:00 Keskustelu / Discussion

Lauantai / Saturday 03.10.2026

09:00-9:30 Ilmoittautuminen ja aamukahvit / Registration and Coffee

09:30-11:00 ***Psychoanalytic Parent Work - From Insight to Process
Theoretical Foundations of Psychoanalytic Parent Work***

11:00-11:30 Tauko / Break

11:30-13:00 ***"Who's therapy is it?": Managing Complexity in Parent Work***

13:00 -14:00 Lounas / Lunch

14:00 -15:30 ***"You don't understand if I say 'No'..." Parental Affect Tolerance and Limit Setting in the Context of Complex Trauma***

15:30 -16:00 Keskustelu ja seminaarin päätös / Discussion and Closing the Seminar